



THE SKINCARE CLINIC

Newsletter

May 2010



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Welcome to the May edition of The Skincare Clinic's monthly newsletter!

Well what a beautiful start to spring we have had! Here at the Clinic we have been rushed off our feet with all of you wanting to make yourselves sparkle in the early sunshine. Just in time Decleor have launched this month their new Aroma Sun Expert range. They have devised a 3 step programme to help combat the ageing effects of the sun and promote safer, controlled tanning.

We do all need a good daily dose of Vitamin D so lets not completely condemn the sun and slap on the factor 50, as these sun protection factors all contain large amounts of chemicals and allow very little if any vitamin D to be absorbed into the skin. They could also promote a false sense of security, encouraging people to spend more time in the sun particularly in the peak hours of the middle of the day. Decleor do not go above factor 30 to limit the chemicals they use and advise regular application and to avoid exposure to the midday sun. Through this and the power of the aromatherapy within the products they promote safer tanning by encouraging the skins own natural defences to protect itself.

Why is Vitamin D important?

Vitamin D is found in some foods such as, oily fish, eggs and fortified foods such as breakfast cereals and powdered milk. However, we get most of our Vitamin D from the sunlight absorbed on our skin. The vitamin forms under the skin as a reaction to sunlight. You may need to take supplements if you are pregnant or breast feeding, of Asian origin, rarely get outside/ or always cover up when in the sun or eat no meat or oily fish. A deficiency in Vitamin D can affect your joints, bones and teeth and can also contribute to the condition SAD (Seasonal Affective Disorder). So the sun plays an important role and Decleor, through their up to date knowledge and use of premium grade aromatherapy is able to make it safe and prevent the premature ageing effects that the sun can have on our skin. As with most things, the key is little and often, however, apart from the recent good weather this is not always possible in this part of the world!



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Offers of the Month

We have dedicated our offers to help you detox and tone, to include;

Offer 1: FREE Gift Bag with Slim Effect Body Treatments

Book a course of the Slim Effect body treatments (once a week for a month, 4 sessions) and receive a free gift bag containing travel sizes of all the recommended products to use in between treatments at home for maximum benefits. Cost of treatment £52, for one hour of exfoliation of your problem areas, stimulating full body massage and active mask applied to problem areas. Fantastic for slimmers, to compliment a weight loss and fitness programme and to banish cellulite.

Offer 2: £10 Off on Decleor's Aroma Back Relief Treatment

Experience Decleor's Aroma Back Relief treatment this month with £10 off! Enjoy an exfoliation of your back, massage and cooling gel applied to ease aches and pains. £29 for 30 minutes, instead of £39!

Offer 3: £10 Off Crystal Clear Treatments

For all the Crystal Clear lovers out there we are treating you this month to £10 off your favourite facial! Crystal Clear is an amazing Microdermabrasion treatment that gives a deep exfoliation without damaging the skin and thereby restoring radiance, diminishing pigmentation and softening fine lines. Suitable for everyone even sensitive skins. Perfect at this time of year when our skin can be dull and dry from lack of sunshine. Book yourself in for a course of 10 and marvel at the results this treatment delivers! For your first treatment we insist you have the cooling and soothing mask to minimise redness and ensure you do not experience a reaction. This month Crystal Clear with the mask is £46 and on its own £36, a saving of £10. Now's the time to do that course!

We hope to see you all at the clinic soon for all your beauty needs.



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Products of the Month

From sunrise to sunset protect your skin with the effective power of essential oils at the heart of the Decleor Aroma Sun Range...

Step 1, PREPARE

Beautiful Arommessenger Solaire for the face. This synergy of essential oils will help help to strengthen the skins natural defences against the sun by 33%. If used prior to time spent in the sun i.e a few weeks before a holiday in the sun, it can promote an even and deep tan whilst having an anti ageing effect on the skin and even preventing prickly heat. An SPF cream must be used over the top to seal in the aromatherapy and protect the surface layers form damage. If you are a sun lover or sensitive to the suns rays why not swap this with your current Arommessenger to use over the summer months and then go back to your favourite in the autumn? The oils act as a natural preservative so do not expire and can last for up to 10 years if kept in a dark place! **£42 for 15ml.**

Arommessenger Solaire for the Body. A must to use before going on holiday to achieve a beautiful long lasting, safe tan! All the same benefits as with the facial serum. **£42 for 100ml.**



Step 2, PROTECT...

A choice of either SPF 15 or 30 for the face and body. If you are out in the sun every day why not replace your favourite day cream with the Aroma Sun SPF 15 or 30 light hydrating moisturiser for the summer months to protect against harmful UVB rays and ageing UVA rays. Don't forget to apply this on your neck and chest area aswellll as your face. **Tube 50 ml, £25.50.**

Decleor have kept things simple with sticking to the two factors of 15 and 30. Perhaps start on SPF 30 for the beginning of the season and gradually progress onto SPF 15 as your skin becomes acostumed to the sun. The benefits of this body SPF include;

- prevent premature sun-ageing by boosting skin's natural defences (Tahiti Vanilla, Rose Essential Oil)
- protect the cell's DNA (Jasmine Extract)
- hydrate and improve skin's barrier (Melon Extract)
- reduce cutaneous reactions caused by sun exposure (Rea from Tahiti)

The skin is protected and can safely develop a natural and long lasting tan. **Bottle 150ml, £22.50.**





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Products of the Month (continued)

Step 3, PRESERVE

Maintain your beautiful tan with these fabulous soothing lotions for the face and body. Swap your existing moisturisers for these in the summer months. This After-Sun Milk for the body acts on the skin to help:

- immediately soothe and restore the skin's hydration level (Extracts of Wild Mango Butter and Jujube Fruit, Essential Oil of Néroli)
- repair damage caused by the sun and preserve skin's youthfulness (Extract of Talapetraka from Madagascar, Sol-collagenine anti-ageing complex)
- intensely nourish to ensure a glowing and even tan (Argan Oil, Melon Extracts)

The skin is intensely nourished, leaving a radiant, longer lasting tan. **Bottle 150ml, £22.50.**



This After-Sun Cream for the face acts on the skin to help:

- immediately soothe and restore the skin's hydration level (Extracts of Wild Mango Butter and Jujube Fruit, Essential Oil of Néroli)
- repair damage caused by the sun and preserve skin's youthfulness (Extract of Talapetraka from Madagascar, Sol-collagenine anti-ageing complex)
- intensely nourish to ensure a glowing and even tan (Argan Oil, Melon Extracts)

The skin's youthful appearance is prolonged, leaving a radiant, longer lasting tan. **Tube 50ml, £22.50.**





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Products of the Month (continued)

Holiday Collection

Buy any three products from the New Decleor Sun range and receive a complimentary travel kit containing miniatures of your favourites including; make-up remover pads, the Aromessence Solaire, Hydra Floral cream and night care product. The collection also includes perfect accessories for your holiday: a soft waffle mask, ear plugs, a mini tooth brush and toothpaste all in a pretty little bag which would be perfect as a make up bag afterwards!



From Dermalogica...

Keep your body glowing with this invigorating body scrub to banish dry skin, restoring radiance by allowing deeper penetration of body lotions. Lightly foaming containing revitalising essential oils to refresh and awaken the senses. **£22.10 tube.**



Hydra Active Mineral Salts, a sea salt body therapy for a remineralising bath soak or mix in with the shower gel for all over skin polishing. **£23.10 a bottle, or £2.75 a sachet.**





DECLÉOR
PARIS

SLIM EFFECT

Gel-crème rondeurs localisées
Localised contouring gel-cream
À LA CAFÉINE ET COMPLEXE LIPO-CELLULOR
WITH CAFFEINE AND LIPO-CELLULOR COMPLEX

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AROMESSENCE™ SLIM EFFECT
Sérum drainant naturel
Draining contouring serum
100% NATURAL

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BAUME SLIM EFFECT
Baume de massage drainant
Draining massage balm
100% NATURAL



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100% NATURAL
draining massage balm
Baume de massage drainant
BAUME SLIM EFFECT